

FINAL

MEET SCHEDULE - MAY 4, 2019

TRACK

Heats	9:00am	110m Hurdles (36")	SB (18)
Heats	9:10am	100m Hurdles (36")	JB (11)
Heats	9:20am	100m Hurdles (33")	MB (10)
Heats	9:30am	100m Hurdles (30")	SG (11)
Heats	9:40am	80m Hurdles (30")	JB (20)
Heats	9:50am	80m Hurdles (30")	MG (33)
Timed Sections	10:05am	100m	MG (78)
Timed Sections	10:35am	100m	MB (68)
Timed Sections	10:55am	100m	JG (57)
Timed Sections	11:30am	100m	JB (66)
Timed Sections	11:55am	100m	SG (33)
Timed Sections	12:10pm	100m	SB (95)
	12:45pm	LUNCH BREAK	
Timed Sections	1:15pm	800m	MG (24)
Timed Sections	1:25pm	800m	MB (40)
Timed Sections	1:45pm	800m	JG (25)
Timed Sections	2:00pm	800m	JB (35)
Timed Sections	2:15pm	800m	SG (23)
Timed Sections	2:30pm	800m	SB (35)
Finals	2:50pm	Sprint Hurdles	
		MG,JG,SG,MB,JB,SB	
Timed Sections	3:15pm	1500m S/C Open	Girls (17)
Timed Sections	3:30pm	2000m S/C Open	Boys (30)
Timed Sections	3:45pm	400m Hurdles (36")	SB (20)
Timed Sections	4:00pm	300m Hurdles (33")	JB (21)
Timed Sections	4:10pm	300m Hurdles (33")	MB (6)
Timed Sections	4:15pm	300m Hurdles (30")	MG (26)
Timed Sections	4:25pm	300m Hurdles (30")	JG (20)
Timed Sections	4:35pm	400m Hurdles (30")	SG (13)
Relays	4:45pm	4 x 100m	MG(15) MB(10)
	5:15pm	4 x 100m	JG (13) JB(10)
	5:40pm	4 x 100m	SG (9) SB(19)
Timed Sections	6:15pm	1500m	MG (25)
	6:30pm	1500m	MB (31)
	6:45pm	1500m	JG (16)
	6:55pm	1500m	JB (31)
	7:10pm	1500m	SG (23)
	7:30pm	1500m	SB (31)
Relays	7:45pm	4 x 400m Open	Girls (15)
	8:00pm	4 x 400m Open	Boys (19)

FIELD

9:00am	Long Jump	MG (61) & Boys (47)
9:00am	Discus	MB (30)
9:00am	Shot put	JG (29)
9:00am	High Jump	JB (14)
10:00am	High Jump	MB (23)
10:30am	Pole Vault Open	Girls(9) & Boys (6) Combined
10:30am	Discus	JB (25)
10:30am	Shot put	SB (31)
11:00am	Long Jump	SG (39) & Boys (54)
11:30pm	High Jump	SG (17)
12:00pm	Discus	SG (27)
12:00pm	Shot Put	MG (19)
12:30pm	High Jump	JG (11)
1:00pm	Shot Put	JB (22)
1:00pm	Long Jump	JG (50) & JB (34)
1:30pm	Discus	JG (26)
1:30pm	High Jump	SB (23)
2:00pm	Shot Put	MB (26)
3:00pm	Triple Jump	MG (34) & MB (23)
3:00pm	Shot Put	SG (27)
3:00pm	High Jump	MG (20)
3:00pm	Discus	SB (31)
4:00pm	Triple Jump	JG (17) & JB (17)
4:30pm	Discus	MG (19)
5:00pm	Triple Jump	SG (18) & SB (15)