

St. Thomas Legion Track & Field Club

2023 Outdoor Meet Season

Date	Meet	Venue	City	Events Offered
June 21, 23	Royal City Inferno	Guelph University	Guelph	(D-ranking Meet) 100m,200,400,800,1500,100mH,400mH
June 24, 2023	Johnny Loaring	Windsor University	Windsor	High Performance meet (Elite and National Entries)
June 25-25, 2023	NTX CHAMP & AO Combined Events	York - TRAC	Toronto, ON	All HS Championship events
July 1, 2023	Hamilton Twilight meet	Mona Cambell Track	Hamilton	300m, 100m (round #1), 400m, 100m (round#2), 800m, 200m, 1200m, 1500m
July 4, 2023	YUTC Twilight # 3	York University	North York. TO	All Comers meet
July 5, 2023	Thorold all comers meet	Canada Summer Games Park	Thorold, ON	All Comers meet
July 7-8, 2023	Ontario Legion Championships	Terry Fox Stadium	Brampton	All Championship events - Qualifier
July 11, 2023	YUTC Twilight Meet # 3	York University	Toronto, ON	100m, 300m, 400m, 800m, 200mh, 400mh, HJ, PV, LJ,TJ, SP, HT
July 12, 2023	Thorold all comers meet	Canada Summer Games Park	Thorold, ON	All Comers meet
July 14-16,2023	Athletics Ontario (AO) U20 & Open Champ/ships	York University	North York. TO	All Championship events
July 17, 2023	Stratford Sabrecats Twilight Meet 2	Medway H.S.	London, ON	All Comers meet
July 18, 2023	YUTC Twilight Meet # 4	York University	North York, TO	100m, 300m, 400m, 1500m, Sprint Hurdles (U16, U18, U20, Open) HJ, LJ, TJ, DT, JT
July 21-2023	NACAC U23 Championships	San Jose, Costa Rica	San Jose, Costa Rica	National Team Competition
July 21,2023	Pre-Nationals Twilight	Mona Cambell Track	Hamilton	100m (round 1), 400m, 100m (2nd round), 200m, 3000m, 1500m, 800m
July 22, 2023	Ontario Rising Stars Festival	York University	North York. TO	TBA
July 25, 2023	University of Toronto - Twilight # 3	Varsity Stadium	Toronto, ON	
July 27-30, 2023	AC Canadian U20 & Open Championships	McLeod Athletic Park	Langley, BC	All Championship events - With standards
July 28- Aug 6, 2023	Jeux De La Francophonie	Pascual Guerrero Olympic Stadium	Kinshasa, Congo	National Team Competition
August 4-6, 2023	AO - U14,U16,U18 Championships	Western Stadium - London, ON	London, ON	All Championship events
August 6-9, 2023	PAN-AM U20 Championships	Mayaguez, PR	Porto Rico	National Team Competition
August 11-13, 2023	Youth Legion Championships	Stade de l'Université de Sherbrooke - Sherb	Sherbrooke, QC	All Championship events - With standards
August 13, 2023	Hamilton Last Chance	Mona Cambell Track	Hamilton, ON	100m(round 1), 400m,100m (2nd round),200m,3000m,1500m,800m, DMR Relay
August 13, 2023	Ontario Distance Medley Championships	Mona Cambell Track	Hamilton, ON	Medley Relays

High School Meets	
All Comers / Prep Meets	Prep Meets - All Comers - Mini meets
District / Ontario / Canadian	Legion Championships
High performance Meets	High Performance Meets #2, #3, #4
Provincial Championships	AO Provincial Championships
National Championships	AC Canadian Championships
International Championships	International Meets / Championships / Games

