

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#	Alternate
Preliminaries						
1 McKenzie, Nicole	Boost Athletics	12.60	12.12q	1.7	4	
2 Wolfe, Collette	Invictus Athletics	11.80	12.15q	1.7	4	
3 Dacosta, Charliana	Project Athletic	12.20	12.41q	1.7	4	
4 Ihunaegbo, Christy	St Christy Ihuna	12.34	12.75q	1.7	4	
5 Reid, Hailey	Monte Cristo Tra	12.55	12.86q	1.7	4	
6 Sawyer, Elise	Monte Cristo Tra	13.11	12.94q	2.6	3	
7 Guerin, Tatiana	Unattached Ontario	12.90	13.04q	2.6	3	
8 Brown, Ashleigh	Unattached Ontario	12.96	13.08q	2.6	3	
9 Metivier, Maya	Monte Cristo Tra	13.44	13.14	2.6	3	
10 Hall, Kennedy	Athletics Niagara	14.00	13.18	2.8	2	
11 Jelaca, Katie	Monte Cristo Tra	13.43	13.44	2.6	3	
12 Richmond, Dacey	Kingston Track &	12.60	13.46	1.7	4	
13 Last, Lynsey	St Thomas Legion	13.83	13.54	2.8	2	
14 Blades, Nya	Project Athletic	12.80	13.62	2.6	3	
15 Massoom, Victoria	Thorold Elite Tr	13.80	13.87	2.8	2	
16 Lewis, Renee	Project Athletic	12.40	13.96	1.7	4	
17 Myke, Ava	Athletiques Inte	13.84	14.01	2.8	2	
18 Adewumi, Omotola	Thorold Elite Tr	14.26	14.34	1.7	1	
19 Cesar, Neila	Thorold Elite Tr		14.35	1.7	1	
19 Slowley, Kyjiah	Thorold Elite Tr	14.40	14.35	1.7	1	
21 Dean, Skylar	Thorold Elite Tr	13.85	14.66	2.8	2	
22 Kilty, Jordyn	Thorold Elite Tr	13.90	14.68	2.8	2	
23 McKnight, Ava	Thorold Elite Tr	15.00	14.94	1.7	1	
24 Gagnon, Emma	Thorold Elite Tr	14.50	15.10	1.7	1	
25 Tzvetkov, Sophia	Thorold Elite Tr	16.58	16.58	1.7	1	
26 Alleyne, Arisa	Thorold Elite Tr	15.00	16.62	1.7	1	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Alternate
Finals						
1 McKenzie, Nicole	Boost Athletics	12.12	12.03	1.2	4	
2 Wolfe, Collette	Invictus Athletics	12.15	12.21	1.2	4	
3 Dacosta, Charliana	Project Athletic	12.41	12.32	1.2	4	
4 Reid, Hailey	Monte Cristo Tra	12.86	12.76	1.2	4	
5 Guerin, Tatiana	Unattached Ontario	13.04	12.92	1.2	4	
6 Brown, Ashleigh	Unattached Ontario	13.08	13.04	1.2	4	
7 Sawyer, Elise	Monte Cristo Tra	12.94	13.09	1.2	4	
8 Hall, Kennedy	Athletics Niagara	13.18	13.30	2.4	3	
9 Metivier, Maya	Monte Cristo Tra	13.14	13.31	2.4	3	
10 Jelaca, Katie	Monte Cristo Tra	13.44	13.56	2.4	3	
11 Richmond, Dacey	Kingston Track &	13.46	13.67	2.4	3	
12 Myke, Ava	Athletiques Inte	14.01	13.73	1.8	2	
13 Blades, Nya	Project Athletic	13.62	13.82	2.4	3	
14 Massoom, Victoria	Thorold Elite Tr	13.87	13.97	2.4	3	
15 Lewis, Renee	Project Athletic	13.96	14.05	1.8	2	
16 Cesar, Neila	Thorold Elite Tr	14.35	14.36	1.8	2	
17 Adewumi, Omotola	Thorold Elite Tr	14.34	14.44	1.8	2	
18 Slowley, Kyjiah	Thorold Elite Tr	14.35	14.47	1.8	2	
19 Dean, Skylar	Thorold Elite Tr	14.66	14.73	1.8	2	
20 Kilty, Jordyn	Thorold Elite Tr	14.68	14.77	1.8	2	
21 McKnight, Ava	Thorold Elite Tr	14.94	14.96	1.5	1	
22 Tzvetkov, Sophia	Thorold Elite Tr	16.58	16.31	1.5	1	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women Long Jump**

Name	Year	Team	Seed	Prelims	Wind	Alternate
Preliminaries						
1 Thompson, Caitlyn		Athletiques Inte		4.84mq	1.2	
	4.49m(0.4)	4.84m(1.2)	4.79m(0.2)	4.55m(0.8)	4.79m(0.3)	FOUL
2 Siemens, Emily		Brantford Tfc		4.59mq	1.1	
	FOUL	4.51m(1.8)	4.59m(1.1)	4.49m(+0.0)	4.50m(1.0)	4.53m(+0.0)
3 Westbrook, Emma		St Thomas Legion		4.58mq	1.2	
	3.69m(0.7)	4.54m(2.9)	4.54m(1.9)	4.43m(2.0)	4.40m(+0.0)	4.58m(1.2)
4 Massoom, Victoria		Thorold Elite Tr		4.45mq	1.9	
	3.93m(0.5)	4.04m(0.2)	3.93m(0.4)	4.45m(1.9)	4.37m(0.5)	4.23m(1.3)
5 Slowley, Kyjiah		Thorold Elite Tr		4.22mq	1.5	
	4.22m(1.5)	4.09m(0.8)	3.92m(0.6)	4.18m(0.7)	4.22m(0.9)	3.79m(0.3)
6 Martin, Abigail		Athletiques Inte		4.20mq	0.4	
	4.04m(0.1)	4.02m(1.3)	4.13m(+0.0)	3.88m(1.2)	4.15m(1.4)	4.20m(0.4)
7 Orr, Cassie		Thorold Elite Tr		4.19mq	0.2	
	FOUL	3.91m(0.5)	4.19m(0.2)	FOUL	4.13m(0.9)	4.07m(1.1)
8 Orr, Leah		Thorold Elite Tr		3.85mq	1.7	
	3.51m(2.7)	3.46m(1.9)	3.84m(3.2)	3.65m(1.0)	3.85m(1.7)	3.76m(1.1)
9 McCready, Sheridan		Thorold Elite Tr		3.81m	+0.0	
	3.51m(0.2)	3.69m(1.0)	3.34m(0.3)	FOUL	3.81m(+0.0)	FOUL
-- Gagnon, Emma		Thorold Elite Tr		FOUL	NWI	
	FOUL	FOUL	PASS	FOUL	PASS	PASS

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women Triple Jump**

Name	Year	Team	Seed	Prelims	Wind	Alternate
1 Thompson, Caitlyn		Athletiques Inte		10.52mq	+0.0	
FOUL	10.49m(0.5)	10.52m(+0.0)	10.43m(1.2)	10.44m(1.4)	10.37m(0.8)	
2 Vamos, Brianna		Brantford Tfc		10.27mq	1.2	
9.97m(0.3)	10.00m(1.0)	9.96m(+0.0)	10.19m(+0.0)	10.02m(1.0)	10.27m(1.2)	
3 Cudmore, Gwendolyn		Thorold Elite Tr		9.88mq	1.1	
9.59m(+0.0)	9.65m(0.2)	9.71m(+0.0)	FOUL	9.80m(1.2)	9.88m(1.1)	
4 Siemens, Emily		Brantford Tfc		9.70mq	1.0	
FOUL	FOUL	9.70m(1.0)	9.64m(0.2)	9.47m(0.7)	FOUL	
5 Martin, Abigail		Athletiques Inte		9.09mq	0.5	
FOUL	9.09m(0.5)	8.99m(0.7)	9.09m(0.3)	8.97m(+0.0)	8.99m(+0.0)	
6 Gagnon, Emma		Thorold Elite Tr		9.02mq	+0.0	
FOUL	8.68m(0.1)	9.02m(+0.0)	8.63m(1.1)	8.58m(1.4)	8.87m(+0.0)	
7 McCready, Sheridan		Thorold Elite Tr		8.10mq	0.3	
8.03m(0.1)	7.93m(0.1)	8.10m(0.3)	FOUL	8.00m(1.0)	7.70m(0.8)	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women Shot Put**

Name	Year	Team	Seed	Prelims	Alternate
1 Sands, Liv		London Western T		12.94mq	
	11.91m	FOUL	12.67m	12.92m	12.62m 12.94m
2 Van Nynatten, Coco		Thorold Elite Tr		9.69mq	
	8.84m	8.09m	8.96m	9.22m	9.69m 9.31m
3 Orr, Cassie		Thorold Elite Tr		8.80mq	
	8.10m	7.82m	8.13m	8.70m	8.80m 8.51m
4 Westbrook, Emma		St Thomas Legion		8.79mq	
	8.30m	8.33m	8.23m	8.79m	6.50m 8.14m
5 Orr, Leah		Thorold Elite Tr		8.20mq	
	5.67m	6.15m	8.20m	6.50m	6.47m 6.50m
6 Ciceran, Charlotte		Thorold Elite Tr		6.59mq	
	6.47m	6.20m	6.46m	6.47m	6.59m 6.00m
7 Young, Lucy		Thorold Elite Tr		6.08mq	
	5.57m	5.59m	5.54m	5.46m	6.08m 5.55m
8 Laing, Ayla		Thorold Elite Tr		5.89mq	
	5.89m	5.50m	5.52m	5.87m	5.83m 5.60m

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women Javelin Throw**

Name	Year	Team	Seed	Prelims	Alternate
1 Dell, Bailey		Border City Athl		52.90mq	600g
	52.90m	FOUL 45.44m 45.85m 46.86m	PASS		
2 Seagris, Alex		Border City Athl		45.10mq	600g
	44.72m	40.18m 45.10m 41.46m 40.62m 40.64m			
3 Powers-Luketic, Taylor		Unattached Ontario		38.69mq	600g
	38.69m	38.34m 34.21m 36.59m 33.51m 37.91m			
4 Saldutto, Sophia		York University		36.54mq	600g
	FOUL	36.54m 30.68m FOUL FOUL 31.54m			
5 Spain, Ashley		Unattached Ontario		35.31mq	600g
	FOUL	FOUL 35.31m 35.14m 33.18m 35.28m			
6 Orr, Cassie		Thorold Elite Tr		26.24mq	500g
	25.55m	25.34m 26.24m 24.91m 24.78m 25.38m			
7 Van Nynatten, Coco		Thorold Elite Tr		25.36mq	500g
	20.83m	22.17m 21.18m 23.25m 25.36m 23.43m			
8 Young, Lucy		Thorold Elite Tr		20.05mq	400g
	13.53m	16.36m 16.02m 16.62m 20.05m 11.47m			
9 Orr, Leah		Thorold Elite Tr		18.44m	400g
	18.44m	16.29m 16.95m 15.55m 18.03m 18.33m			

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#	Alternate
1 Barresi, Domenic	Hamilton Olympic	10.50	10.54q	2.2	5	
2 Reader, Daniel	Hamilton Olympic	11.01	10.78q	2.2	5	
3 Spicer, Logan	Track North Athl	11.05	10.94q	2.2	5	
4 Roth, Michael	St Thomas Legion	11.17	10.98q	2.2	5	
5 King, Ryder	Monte Cristo Tra	11.22	11.03q	2.2	5	
6 Angerilli, Adam	Royal City Athle	11.22	11.09q	2.2	5	
7 Campanaro, Roman	Hamilton Olympic	11.59	11.17q	2.8	3	
8 Skerl, Mark	Monte Cristo Tra	11.17	11.20q	2.2	5	
9 Spencer, Colton	Thorold Elite Tr	11.58	11.34	2.8	3	
10 Belanger, Dylen	St Thomas Legion	11.47	11.36	1.7	4	
11 Dolby, Ethan	St Thomas Legion	11.58	11.44	1.7	4	
12 Gray, Fox	St Thomas Legion	11.54	11.45	1.7	4	
13 Wilson, Cole	Woodstock Legion	11.42	11.48	1.7	4	
14 Wilson, William	London Legion TF	12.07	11.58	2.8	2	
15 Kowcun, Nathan	Thorold Elite Tr	11.65	11.63	2.8	3	
16 Cowan, Michael	Athletics Niagara	11.55	11.67	1.7	4	
17 Klein, Eric	Unattached Ontario	12.00	11.80	2.8	2	
18 Soppitt, Isaac	Athletics Niagara	12.08	11.83	2.8	2	
19 Gauthier, Carson	Thorold Elite Tr	11.75	11.86	2.8	3	
20 Makcemus, Markmeena	York University	11.50	11.89	1.7	4	
21 Gowanlock, Malcolm	Project Athletic	11.10	11.93	2.2	5	
22 McKillop, John	Invictus Athletics	11.30	11.95	1.7	4	
23 Ellison, Jelani	Extreme Velocity	11.45	11.98	1.7	4	
24 Scott, Andrew	Invictus Athletics	11.80	12.02	2.8	3	
25 Belanger, Arthur	Thorold Elite Tr	12.20	12.03	2.8	2	
26 Gibson, Tyrese	Thorold Elite Tr	12.33	12.10	2.8	2	
27 Hui, Jonathan	Unattached Ontario	13.00	12.21	3.0	1	
28 Mamo, Jacob	Thorold Elite Tr	12.80	12.37	3.0	1	
29 Vermeersch, Travis	Woodstock Legion	11.88	12.64	2.8	3	
30 Wing, Matthew	Thorold Elite Tr	12.99	13.25	3.0	1	
31 Ihunaegbo, Raphael Jr	St Christy Ihuna	14.01	14.63	3.0	1	
32 McLean, Charlie	Thorold Elite Tr	16.66	15.74	3.0	1	
33 Baldamus, Steve	Canada	16.00	16.69	3.0	1	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men 100 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	H#	Alternate
Finals						
1 Barresi, Domenic	Hamilton Olympic	10.54	10.55	3.0	5	
2 Reader, Daniel	Hamilton Olympic	10.78	10.74	3.0	5	
3 Spicer, Logan	Track North Athl	10.94	10.81	3.0	5	
4 Roth, Michael	St Thomas Legion	10.98	10.84	3.0	5	
5 King, Ryder	Monte Cristo Tra	11.03	10.96	3.0	5	
6 Angerilli, Adam	Royal City Athle	11.09	10.98	3.0	5	
7 Skerl, Mark	Monte Cristo Tra	11.20	11.18	2.0	4	
8 Campanaro, Roman	Hamilton Olympic	11.17	11.23	3.0	5	
9 Gray, Fox	St Thomas Legion	11.45	11.25	2.0	4	
10 Belanger, Dylen	St Thomas Legion	11.36	11.40	2.0	4	
11 Dolby, Ethan	St Thomas Legion	11.44	11.42	2.0	4	
12 Wilson, Cole	Woodstock Legion	11.48	11.47	2.0	4	
13 Kowcun, Nathan	Thorold Elite Tr	11.63	11.55	2.7	3	
14 Cowan, Michael	Athletics Niagara	11.67	11.58	2.7	3	
15 Klein, Eric	Unattached Ontario	11.80	11.69	2.7	3	
16 McKillop, John	Invictus Athletics	11.95	11.72	3.7	2	
16 Gowanlock, Malcolm	Project Athletic	11.93	11.72	2.7	3	
18 Wilson, William	London Legion TF	11.58	11.78	2.0	4	
19 Gauthier, Carson	Thorold Elite Tr	11.86	11.80	2.7	3	
20 Makcemus, Markmeena	York University	11.89	11.81	2.7	3	
21 Soppitt, Isaac	Athletics Niagara	11.83	11.90	2.7	3	
22 Ellison, Jelani	Extreme Velocity	11.98	11.96	3.7	2	
23 Gibson, Tyrese	Thorold Elite Tr	12.10	11.99	3.7	2	
24 Scott, Andrew	Invictus Athletics	12.02	12.04	3.7	2	
25 Ihunaegbo, Raphael Jr	St Christy Ihuna	14.63	14.57	3.7	1	



**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men Long Jump**

Name	Year	Team	Seed	Prelims	Wind	Alternate
Preliminaries						
1 Shahzadeh, Arman		Flying Angels Ac		6.82mq	0.1	
FOUL	FOUL	FOUL	6.78m(1.2)	6.71m(0.2)	6.82m(0.1)	
2 Skerl, Mark		Monte Cristo Tra		6.66mq	0.6	
6.07m(0.4)	FOUL	FOUL	FOUL	6.66m(0.6)	FOUL	
3 Dommasch, Noah		Royal City Athle		6.52mq	0.8	
6.31m(+0.0)	6.40m(0.6)	6.29m(1.0)	6.05m(0.6)	6.40m(0.1)	6.52m(0.8)	
4 Ivanov, Michael		Thorold Elite Tr		6.47mq	0.8	
FOUL	6.47m(0.8)	FOUL	6.18m(+0.0)	FOUL	6.24m(1.0)	
5 Spicer, Logan		Track North Athl		6.45mq	0.5	
6.41m(1.2)	6.12m(0.4)	6.30m(1.8)	6.12m(0.6)	6.17m(0.4)	6.45m(0.5)	
6 Kowcun, Nathan		Thorold Elite Tr		6.27mq	0.8	
5.98m(+0.0)	6.27m(0.8)	FOUL	FOUL	FOUL	6.23m(1.1)	
7 Wilson, Cole		Woodstock Legion		6.14mq	0.2	
5.56m(1.5)	5.73m(0.8)	6.01m(1.0)	5.79m(1.0)	6.14m(0.2)	5.82m(0.4)	
8 Soppitt, Isaac		Athletics Niagara		5.75mq	2.5	
5.75m(2.5)	5.50m(+0.0)	5.67m(+0.0)	5.44m(0.3)	5.57m(0.4)	5.49m(+0.0)	
9 Vermeersch, Travis		Woodstock Legion		5.67m	0.2	
5.59m(0.1)	5.43m(0.1)	5.32m(1.4)	5.36m(0.1)	5.61m(0.3)	5.67m(0.2)	
10 Gibson, Tyrese		Thorold Elite Tr		5.42m	1.2	
5.42m(1.2)	5.38m(+0.0)	5.37m(+0.0)	5.30m(1.7)	PASS	PASS	
11 Baldamus, Steve		Canada		3.59m	0.3	
3.24m(0.2)	3.59m(0.3)	1.94m(+0.0)	PASS	PASS	PASS	
12 McLean, Charlie		Thorold Elite Tr		3.15m	0.1	
3.05m(+0.0)	3.15m(0.1)	FOUL	PASS	PASS	PASS	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men Triple Jump**

Name	Year	Team	Seed	Prelims	Wind	Alternate
1 Shahzadeh, Arman		Flying Angels Ac		14.15mq	1.5	
	11.29m(1.0)	13.25m(+0.0)	13.94m(0.3)	13.81m(0.7)	13.83m(0.1)	14.15m(1.5)
2 Ivanov, Michael		Thorold Elite Tr		13.56mq	1.0	
	12.55m(0.3)	13.00m(0.6)	13.10m(+0.0)	13.15m(2.8)	13.56m(1.0)	13.13m(+0.0)
3 Vermeersch, Travis		Woodstock Legion		12.05mq	0.8	
	FOUL	11.98m(1.4)	FOUL	FOUL	FOUL	12.05m(0.8)
4 Blake, Evan		Thorold Elite Tr		7.63mq	1.0	
	7.60m(0.2)	FOUL	FOUL	7.63m(1.0)	FOUL	7.39m(+0.0)

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men Shot Put**

Name	Year	Team	Seed	Prelims	Alternate
1 Wilson, Cole		Woodstock Legion		13.12mq	6k
	12.98m	12.59m	13.12m	11.80m	12.42m 11.68m
2 Gauthier, Carson		Thorold Elite Tr		12.93mq	4k
	FOUL	FOUL	12.88m	12.68m	FOUL 12.93m
3 Dallman, Thomas		Thorold Elite Tr		11.96mq	4k
	11.80m	11.96m	11.33m	FOUL	11.55m FOUL
4 Jeffery, Samuel		Athletics Niagara		11.50mq	5k
	11.07m	10.83m	11.50m	10.69m	11.30m 11.32m
-- Mamo, Jacob		Thorold Elite Tr		X11.37m	4k
	10.42m	10.56m	11.23m	10.58m	10.36m 11.37m

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men Javelin Throw**

Name	Year	Team	Seed	Prelims	Alternate
1 Ing, Matthew		Unattached Ontario		59.09mq	700g
58.16m	59.09m	49.20m	58.36m	FOUL	57.35m
2 Burr, Toren		Brantford Tfc		58.94mq	800g
53.42m	56.88m	FOUL	FOUL	55.55m	58.94m
3 Heydon, Jake		Border City Athl		57.54mq	800g
56.80m	FOUL	53.58m	55.54m	57.54m	FOUL
4 Dery, Nathaniel		Unattached Ontario		55.86mq	700g
52.53m	47.49m	55.11m	FOUL	55.86m	FOUL
5 Gauthier, Carson		Thorold Elite Tr		55.13mq	600g
50.45m	52.30m	55.13m	53.05m	FOUL	50.31m
6 Bartlett, Benjamin		Border City Athl		52.69mq	800g
52.69m	47.56m	45.43m	48.97m	46.57m	FOUL
7 Swayze, Daniel		Thorold Elite Tr		49.65mq	700g
43.59m	47.26m	49.65m	FOUL	FOUL	49.12m
8 Jeffery, Samuel		Athletics Niagara		45.12mq	700g
41.13m	45.12m	42.62m	43.07m	FOUL	43.06m
9 Wilson, Cole		Woodstock Legion		44.78m	800g
42.60m	41.24m	43.26m	44.78m	43.63m	44.50m
10 Kennedy, Kaleb		Thorold Elite Tr		43.27m	600g
43.27m	41.42m	43.16m	39.71m	39.11m	40.20m

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Mixed 80 Meter Dash**

Name	Year	Team	Seed	Prelims	Wind	Alternate
1 Ihunaegbo, Regis-Somto	M	St Christy Ihuna		12.36q	1.7	
2 Martens, Justin	M	Thorold Elite Tr		13.94q	1.7	
3 Weaver, Aszlyn	W	Thorold Elite Tr		14.96q	1.7	
4 Stone, Alexa	W	Thorold Elite Tr		15.00q	1.7	
5 Martens, Ethan	M	Thorold Elite Tr		15.78q	1.7	
6 Grenville, Brynne	W	Athletiques Inte		16.32q	1.7	
7 McCready, Ronnie	M	Thorold Elite Tr		18.74q	1.7	
8 Alleyne, Ariana	W	Thorold Elite Tr		1:00.90q	1.7	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Mixed 80 Meter Dash**

Name	Year Team	Prelims	Finals	Wind	Alternate
Finals					
1 Ihunaegbo, Regis-Somto	M St Christy Ihuna	12.36	12.36	1.5	
2 Martens, Justin	M Thorold Elite Tr	13.94	14.37	1.5	
3 Weaver, Aszlyn	W Thorold Elite Tr	14.96	14.95	1.5	
4 Stone, Alexa	W Thorold Elite Tr	15.00	15.51	1.5	
5 Martens, Ethan	M Thorold Elite Tr	15.78	15.85	1.5	
6 Grenville, Brynne	W Athletiques Inte	16.32	16.93	1.5	
7 McCready, Ronnie	M Thorold Elite Tr	18.74	18.60	1.5	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women 300 Meter Dash**

Name	Year Team	Seed	Finals	Alternate
Finals				
1 Brown, Ashleigh	Unattached Ontario	43.50	43.31	
2 Guerin, Tatiana	Unattached Ontario	43.56	46.55	
3 Last, Lynsey	St Thomas Legion	48.44	47.15	
4 McCready, Maddy	Thorold Elite Tr	55.00	50.78	
5 McCready, Mia	Thorold Elite Tr	1:15.00	56.31	
6 Sherwin, Charlie	Toronto West Ath	1:20.00	1:01.24	
7 Weaver, Aszlyn	Thorold Elite Tr	1:15.00	1:04.58	
8 Dupuis, Abigail	Thorold Elite Tr	1:15.00	1:05.11	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Women 400 Meter Dash**

Name	Year Team	Seed	Finals	H#	Alternate
1 Martin, Emily	South Simcoe Duf	55.72	56.01	2	
2 Bollers, Ashantai	Project Athletic	56.00	58.10	2	
3 Ihunaegbo, Christy	St Christy Ihuna	54.24	58.27	2	
4 Dodds, Amelia	Monte Cristo Tra	59.51	59.84	2	
5 Sawyer, Elise	Monte Cristo Tra	59.98	1:01.09	2	
6 Metivier, Maya	Monte Cristo Tra	1:01.78	1:03.37	1	
7 Jelaca, Katie	Monte Cristo Tra	1:01.67	1:04.83	1	
8 Van Nooten, Pearl	Brantford Tfc	59.51	1:05.32	2	
9 Gallant, Layla	Thorold Elite Tr	1:14.00	1:11.82	1	
10 McCready, Sheridan	Thorold Elite Tr		1:15.12	1	



**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men 300 Meter Dash**

Name	Year Team	Seed	Finals	Alternate
1 Dolby, Ethan	St Thomas Legion	39.00	38.97	
2 Ciceran, Cole	Thorold Elite Tr	42.00	42.51	
3 Ihunaegbo, Raphael Jr	St Christy Ihuna	47.00	49.88	
4 Blake, Evan	Thorold Elite Tr	50.00	50.63	
5 Brodeur, Kennedy	Thorold Elite Tr	55.00	59.60	
6 Bibawi, Dominic	Thorold Elite Tr	55.00	1:01.68	
7 McCready, Caven	Thorold Elite Tr	55.00	1:02.38	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Men 400 Meter Dash**

Name	Year Team	Seed	Finals	H#	Alternate
1 Roth, Michael	St Thomas Legion	48.70	47.97	3	
2 Barresi, Domenic	Hamilton Olympic	49.50	49.31	3	
3 King, Ryder	Monte Cristo Tra	51.01	49.35	2	
4 Reader, Daniel	Hamilton Olympic	49.06	49.74	3	
5 Scarrow, Devonte	Royal City Athle	51.00	50.80	3	
6 Belanger, Dysten	St Thomas Legion	50.30	51.52	3	
7 Teal, Carter	Unattached Ontario	49.59	51.54	3	
8 Robinson, Luke	Durham Dragons A	51.50	53.43	2	
9 Thorpe, Chad	Thorold Elite Tr	53.68	53.64	2	
10 Klein, Eric	Unattached Ontario	54.00	53.65	1	
11 McKillop, John	Invictus Athletics	51.10	54.12	2	
12 Dri, Zach	Boost Athletics	54.90	54.19	1	
13 Leblanc, Sonny	Thorold Elite Tr	56.50	57.20	1	
14 Stone, Gavin	Thorold Elite Tr	53.70	57.27	2	
15 Scott, Andrew	Invictus Athletics	54.00	58.34	1	
-- Demelo-Knapp, Daniel	Unattached Ontario	47.82	DNF	3	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Girls 1200 Meter Run**

Name	Year Team	Seed	Finals	H#	Alternate
Finals					
1 Grant-Caracas, Abriel	Durham Dragons A	4:15.00	4:03.82	2	
2 Martin, Abigail	Athletiques Inte	4:00.00	4:06.97	2	
3 Codell, Kaylin	Toronto West Ath	4:15.00	4:09.20	2	
4 Sherwin, Mackenzie	Toronto West Ath	4:15.00	4:11.99	2	
5 Hollins, Lila	Durham Dragons A	4:20.00	4:12.34	2	
6 Atkins, Eva	Thorold Elite Tr	4:12.00	4:14.52	2	
7 Laing, Ayla	Thorold Elite Tr	4:25.00	4:17.67	1	
8 Luong, Ava	Toronto West Ath	4:35.00	4:23.90	1	
9 Gibson, Tekai	Unattached Ontario	4:18.00	4:29.27	2	
10 Nicholson, Sawyer	Durham Dragons A	4:35.00	4:29.70	1	
11 Sherwin, Ainsley	Toronto West Ath	4:35.00	4:34.74	1	
12 Gaspich, Alyssa	Thorold Elite Tr	4:20.00	4:39.54	1	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Girls 1500 Meter Run**

Name	Year Team	Seed	Finals	H#	Alternate
1 Knelsen, Hallee	St Thomas Legion	4:31.37	4:33.11	2	
2 Dodds, Olivia	Monte Cristo Tra	4:52.02	4:42.15	2	
3 McIntyre, Hannah	Dorchester Pole	4:40.00	4:46.34	2	
4 Perkins, Lauren	Unattached Ontario	4:45.00	4:48.96	2	
5 Hollins, Hanna	Durham Dragons A	4:45.00	4:49.30	2	
6 Aukett, Philippa	Unattached Ontario	4:50.00	4:57.81	2	
7 Freeze, Cailey	Durham Dragons A	4:55.00	5:00.93	1	
8 Stokes, Jasmine	Greater Uxbridge	4:57.00	5:03.16	1	
9 Noble, Anna	Toronto West Ath	5:15.00	5:14.84	1	
10 McDougall, Alexandra	Greater Uxbridge	4:57.00	5:21.85	1	
11 Smuk, Rianna	Toronto Olympic	4:50.00	5:24.71	2	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Boys 1500 Meter Run**

Name	Year Team	Seed	Finals	H#	Alternate
1 Belanger, Harrison	St Thomas Legion	4:14.00	4:17.97	2	
2 Moore, Vincent	St Thomas Legion	4:11.70	4:18.15	2	
3 McGill, Robert	Dundas Valley Tr	4:24.00	4:22.20	2	
4 Harding, Nickoy	Unattached Ontario	5:01.00	4:26.04	1	
5 Voss, Tom	Monte Cristo Tra	4:25.01	4:32.68	2	
6 Laita, Tyler	Durham Dragons A	4:22.00	4:36.51	2	
7 Tonnies, Sammy	Thorold Elite Tr	4:39.00	4:41.14	1	
8 Molnar, Hayden	Thorold Elite Tr	4:39.00	4:41.35	1	
9 Nelson, LJ	Durham Dragons A	4:50.00	4:51.16	1	
10 Grant-Caracas, Talis	Durham Dragons A		6:31.66	1	

**Thorold Elite Prep Meet - 2021-06-23****Welland Centennial SS****Results****Boys 3000 Meter Run**

Name	Year Team	Seed	Finals	H#	Alternate
1 Coles, Aiden	London Western T	8:30.00	8:35.23	2	
2 Mironov, Roman	Toronto West Ath	8:30.00	8:35.63	2	
3 Coles, Tristan	London Western T	8:30.00	8:38.09	2	
4 Lockyer, Owen	Toronto West Ath	8:30.00	8:47.41	2	
5 Cowling, Will	Greater Uxbridge	8:50.00	8:49.04	2	
6 Rashid-Cocker, Ethan	University of To	8:43.00	8:52.42	2	
7 Tremain, Tennessee	Laurel Creek Tfc	8:30.00	9:00.28	2	
8 Kleinsmith, Matthew	Thorold Elite Tr	9:45.00	9:45.11	1	
9 Breckels, Fenway	Thorold Elite Tr	9:59.00	10:00.67	1	
10 Munnings, Owen	Thorold Elite Tr	9:50.00	10:00.93	1	
11 Larson, Thomas	Unattached Ontario		10:01.75	1	
12 Cole, Justin	St Thomas Legion	9:50.00	10:14.11	1	
13 Macnevin, Brayden	Durham Dragons A	9:45.00	10:14.94	1	
14 Yorke, Sam	Durham Dragons A	11:45.00	10:50.96	1	
-- Harding, Nickoy	Unattached Ontario	9:00.00	DNF	1	